

Издатель: ООО «Современное
сестринское дело»

Редакционный совет:

И.С. БАХТИНА, директор
Санкт-Петербургского центра
последипломного образования
работников со средним медицинским
и фармацевтическим образованием
ФМБА России

В.А. ВИШНЯКОВА, президент
Забайкальской региональной общественной
организации «Профессиональные
медицинские специалисты»,
вице-президент Союза профессиональных
медицинских организаций

Н.Н. КОСАРЕВА, президент
Самарской региональной организации
медицинских сестер, вице-президент
Союза профессиональных медицинских
организаций

И.А. ЛЕВИНА, президент Союза
профессиональных медицинских
организаций, главный внештатный
специалист по управлению сестринской
деятельностью Минздрава РФ в
УрФО, директор Свердловского
областного медицинского колледжа

О.В. ЛОГВИНОВА, заместитель
главного врача по работе со средним
медицинским персоналом Станции
скорой и неотложной медицинской
помощи им. А.С. Пучкова Департамента
здравоохранения города Москвы

Ю.В. МИХАЙЛОВА, первый
заместитель директора ЦНИИ
организации и информатизации
здравоохранения Росздрава

С.А. МУХИНА, кандидат
медицинских наук, заслуженный учитель
России, член Академии
медико-технических наук

Г.М. ПОДОПРИГОРА, президент
ПРОО медицинских работников
Санкт-Петербурга, доцент кафедры
гериатрии, пропедевтики и управления
в сестринской деятельности Северо-
Западного государственного медицинского
университета им. И.И. Мечникова

И.В. ТАРАСОВА, почетный работник
образования г. Москвы

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ИЗДАТЕЛЬ: ООО

«Современное сестринское дело»

ГЛАВНЫЙ РЕДАКТОР

Наталина КРУШИНСКАЯ

РЕДАКЦИЯ

Ответственный секретарь

Ирина ФЕТИЩЕВА

Обозреватели

Ирина МЫЛЬНИКОВА

Елизавета КЛИППЕЛЬ

Корреспондент

Дмитрий КУБРАКОВ

Технический редактор

Елена СОЛНЦЕВА

Корректор

Анна РЯБОВА

КОММЕРЧЕСКИЙ ДИРЕКТОР

Светлана СПОДОБЕЦ

ОТДЕЛ РЕКЛАМЫ

Тамара КАШПОРОВА

ОТДЕЛ МАРКЕТИНГА

Людмила ДАГАЕВА

СЕКРЕТАРИАТ

Евгения БЫСТРОВА

Адрес и телефоны редакции:

127254, Москва,
ул. Добролюбова, д. 21А, корп. Б
Тел./факс: (495) 664-20-42

Телефоны отдела маркетинга:

8-916-031-02-83,
8-916-930-11-29

Адрес для писем:

127254, Москва, а/я 59

E-mail: s_delo@inbox.ru

Наш сайт: www.s-delo.com

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EDITORIAL

Nurses: A Force for Change

«Nurses: A Voice to Lead - A vision for future healthcare» is the theme of the 2021 International Nurses Day, traditionally celebrated on the anniversary of the legendary founder of modern nursing Florence Nightingale.

XXIII CONGRESS OF RUSSIAN PEDIATRICIANS

Current Issues in Pediatrics

The XXIII Congress of Russian Pediatricians was held in Moscow on March 5-7, 2021. The XI Forum of Pediatric Nurses hosted as part of the Congress was a major highlight on its agenda.

LABOUR UNIONS

Key Challenge for Russian Healthcare

A shortage of human resources a major challenge for Russia's healthcare system, according to the health workers' union. The union does not only state this fact but offers specific solutions: recently, the union has prepared amendments to Federal Law 323-FZ on the Fundamentals of Health Care in the Russian Federation aimed at improving the situation with human resources.

PRESSING ISSUE

Patient Safety as Academic Discipline

The article discusses patient safety — a public health challenge which has not, until recently, received adequate attention despite being an essential aspect of healthcare quality.

NURSING WORLDWIDE

Nursing Practice in Australia

Russian nurses know quite a lot about the practice of their colleagues in other countries who willingly share their stories on international online platforms. In an online interview with a Russian nurse practicing in Australia, the author of this article learned more about the everyday life and work of Australian nurses.

NEWS FROM HEALTH WORKER ORGANISATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organisations brings together 170,000 medics from 35 professional associations.

«Health Promotion Caravan»

In the Sverdlovsk region, as part of the ongoing «Health Promotion Caravan» campaign, doctors, nurses and medical students travel to remote areas to deliver medical care and check-ups and to follow up on patients recovering from COVID-19.

Health Promotion and Disease Prevention for Children and Youth

Better training and collaboration of practitioners working with school-age youth is an essential aspect of health promotion and disease prevention in the younger generation. This vital topic was discussed at an online forum on health promotion techniques used by educational institutions.

Conference of Chief Nurses Held in Buryatia

On March 5, a conference of chief nurses of the Republic of Buryatia was held in Ulan-Ude. The attending practitioners discussed the performance and achievements of the local nursing service as well as prospects for enhancing the quality of nursing care.

Ten Thousand Steps to Life

On the eve of World Health Day, the Ten Thousand Steps to Life campaign was launched simultaneously in hundreds of Russian cities, including Yekaterinburg. The purpose of the campaign is to introduce people to the affordable, safe and effective exercise of taking at least 10,000 steps daily.

RUSSIAN REGIONS

Single Goal – Shared Results

The Transbaikal Association of Medical Specialists Education Committee which includes teachers of the Chita Medical College and heads of nursing services of regional healthcare providers met to assess the local need for trained nurses and to develop a plan for filling the human resources gap in the region's healthcare system.

NURSING CARE IN ONCOLOGY

Role of Nurses in Cancer Care

On February 13, the Moscow Branch of Hadassah University Hospital (Israel) hosted a conference with international participation «Importance and Significance of Oncological Nursing in Patient Diagnostic and Treatment.» The event was timed to World Cancer Day.

VICTORY DAY

Leafing through Old Textbooks. Dedicated to Great Victory

Our regular contributor, physician and teacher Inna TARASOVA has added a few precious items to her library — textbooks for medical practitioners published during WWII. She invites the readers to leaf through the yellowed pages and to get immersed in the atmosphere of that time.

Underground Hospital behind Enemy Lines

A story of the Semiluksk District Hospital in the Voronezh region which served as a Russian military hospital behind the enemy lines during the Nazi occupation.

SESTRICHKA

Read on to learn why you shouldn't be upset if your appearance doesn't meet certain beauty standards, whether frequent «tip of the tongue» moments are a cause for concern, and how to make positive changes in your life without a major overhaul.

PSYCHOLOGY WORKSHOP

Verbal Persuasion Tips and Techniques

This is a follow-up on earlier discussion about the importance of persuasion skills for nurses today. In this article, Igor SPIVAK, expert in professional communication, stress management and burnout prevention, will introduce readers to basic principles of verbal persuasion.

PREVENTION OF HEALTHCARE-ASSOCIATED INFECTIONS

How Regulatory Guillotine Impacts Public Health Guidelines

It is unlikely that any healthcare worker has not heard at least something about the so-called «regulatory guillotine» — a major revision of regulatory acts. Related changes have affected society and economy in various ways. The healthcare system is no exception, and a large part of rules and regulations governing the operation of Russian healthcare providers have been updated.