

Издатель: ООО «Современное
сестринское дело»

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СОДЕРЖАНИЕ:

ОТ РЕДАКЦИИ

Что видно сквозь магический кристалл? 3

ПРОФСОЮЗНАЯ ТЕМА

Итоги года информационной политики и цифровизации
работы профсоюза подведены 4-5

ФНПР настаивает на индексации пенсий
работающим пенсионерам 5-7

УПРАВЛЕНЧЕСКИЕ РЕШЕНИЯ

Современные подходы к управлению качеством
медицинской помощи 8-9, 21-23

Актуальные вопросы управления сестринской деятельностью.... 10-12

ВЕСТИ СОЮЗА МЕДИЦИНСКИХ ПРОФЕССИОНАЛЬНЫХ ОРГАНИЗАЦИЙ

Остановим инсульт вместе..... 13-14

Фестиваль национальных культур в Тобольске..... 14

Качество и безопасность медицинской помощи в ОРИТ 15

Первый съезд Ассоциации медицинских сестер
Республики Дагестан..... 16-18

Школа передовых сестринских технологий
«Медицинские сестры в авангарде инноваций» 18-20

ПОВЫШЕНИЕ КВАЛИФИКАЦИИ

Антибиотики и человеческий организм — друзья или враги? ... 24-26

Растим профессионалов в команде профессионалов 31-32

РЕГИОНЫ РОССИИ

Забайкальские медики приняли участие в конференции

«Медицина катастроф-2022» 27-28

Моя профессия — рентгенолаборант 28-30

СЕСТРИЧКА..... 33-36

СЕСТРИНСКОЕ ДЕЛО В ПЕДИАТРИИ

Роль медицинской сестры в проведении неонатального
скрининга 37-38

ПРОФИЛАКТИКА ИСМП

Новые требования к производственному контролю
за дезинфекционными мероприятиями в медицинских
организациях 39-41

СЕСТРИНСКИЙ ПРАКТИКУМ

Уход, профилактика осложнений, образ жизни при уростоме..... 41-44

НА ЗАМЕТКУ МЕДСЕСТРЕ

Что мы знаем о пользе витамина D..... 45-48

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S U M M A R Y

EDITORIAL

What Can Be Seen through a Magic Crystal?

LABOUR UNIONS

Union Takes Stock of Annual Progress in Information Policy and Digitalization

On 2 December 2022, the Russian Health Worker Union held its Fifth Plenary in Moscow to discuss the results of its «Year of Information Policy and Digitalization» announced by the Federation of Independent Trade Unions of Russia (FITUR). Union leaders representing more than two million healthcare workers attended the Plenary.

Unions Call for Indexation of Pensions for Working Pensioners

The FITUR, once again, calls to resume the discussion concerning indexation of pensions for working pensioners and recalculation of their old-age insurance pension based on the maximum individual pension coefficient. Denying indexation to working pensioners is discriminatory and violates the principles enshrined in the Constitution, according to the unions.

MANAGERIAL SOLUTIONS

Current Approaches to Healthcare Quality Assurance

On 2 November 2022, the Pirogov National Medical and Surgical Centre hosted the All-Russian conference «The Role of Nurses in Improving Healthcare Quality and Safety.»

Key Issues in Nursing Care Administration

The Russian Ministry of Health Commission for Nursing Care Administration met in Moscow to discuss some of the key issues related to nurse training and professional development, as well as the recently updated Sanitary and Epidemiological Norms and their implications for nursing practice and other matters.

NEWS FROM HEALTH WORKER ORGANIZATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organizations brings together 170,000 healthcare practitioners from 35 professional associations across Russia.

Together to End Stroke

An audience of nurses attending the symposium «Together to End Stroke» held in late October in Yekaterinburg discussed current approaches to preventing this dangerous disease, guidelines for patient rehabilitation, and the training of neuroscience nurses.

Festival of Ethnic Cultures Held in Tobolsk

The Soldatov Medical College in Tobolsk trains students of 31 different ethnicities, helping future nurses embrace a diversity of cultural traditions. On 9 November 2022, the college hosted its annual cultural festival «We Are Together.»

Quality and Safety of ICU Care

Chuvashia hosted a conference to discuss quality and safety of care provided in anaesthesiology and intensive care units.

First Congress of Dagestani Association of Nurses

On October 7, Makhachkala, the capital of the Republic of Dagestan, hosted the First Congress of the Republic's Association of Nurses. The event included a conference focusing on outpatient monitoring of patients with various conditions and on methodological and practical aspects of routine screening programs.

School of Advanced Nursing: «Nurses Leading Care Innovations»

In late October, Samara hosted the Third All-Russian School of Advanced Nursing — the country's largest training event for nurses.

CONTINUING TRAINING

Antibiotics and Human Bodies: Friends or Foes?

Since antimicrobial resistance is a complex problem, a good solution should address its various aspects — this was the conclusion of a webinar held by Rospotrebnadzor's Central Research Institute of Epidemiology in the run-up to the World Antibiotics Awareness Week held annually in the second half of November.

Corporate University Established at Hospital to Train Healthcare Professionals

A severe shortage of nurses in the labour market today makes staffing healthcare facilities a challenge. The Regional Paediatric Hospital in Yekaterinburg opened its own corporate university to train healthcare professionals on site.

RUSSIAN REGIONS

Healthcare Workers from Transbaikalia Attend Disaster Medicine-2022 Conference

At the event held in Moscow, practitioners from Transbaikalia gave a number of talks, shared the experience of making feldsher services widely accessible in the region and of integrating lean production components in health care, and made a presentation on training feldshers in assisting patients with acute coronary syndrome.

My Profession is X-ray Technician

Tatiana DUBININA, an X-ray technician at the Chita Children's Clinical Medical Centre, shares her thoughts on how her profession has changed in recent years, what technology is currently used, and what common challenges are faced by practitioners today.

SESTRICHKA

Read to learn from trained psychologists how to build better, more harmonious relationships and deal with difficult situations fast; to discover the kind of physical exercise Hippocrates praised as the safest and most effective; and to add a number of easy, delicious and festive-looking meals for the New Year celebration to your recipe book.

NURSING IN PEDIATRICS

Nurse's Role in Neonatal Screening

The reader will learn about the way preanalytical stage of neonatal screening is carried out in the neonatal department of Ulan-Ude Perinatal Centre, including the essential role of nurses in ensuring the screening quality and reliability of results.

HAI PREVENTION

New Requirements for Monitoring Disinfection Implementation at Healthcare Facilities

The article outlines the key points of current regulations concerning the assessment of disinfection measures at healthcare facilities, including the required frequency of sanitary and bacteriological studies, the areas and surfaces to be monitored closely, and the approaches to obtaining reliable results.

PRACTICUM FOR NURSES

Urostomy: Care, Prevention of Complications, and Lifestyle Considerations

An overview of urostomy indications and contraindications, with guidance on helping patients maintain the highest possible quality of life.

USEFUL KNOWLEDGE FOR NURSES

What We Know about Vitamin D Benefits

February 5, 2023, will mark the 95th anniversary of the landmark discovery made by the German chemist Adolf Windaus; on this day in 1928 he discovered provitamin D (ergosterol) that can be converted to vitamin D2 (ergocalciferol) by solar irradiation. This made a breakthrough in the treatment of rickets in children.