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сестринское дело»

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«Современное сестринское дело»

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# S U M M A R Y

## EDITORIAL The goal is health

### LABOR UNIONS

#### Covid Payments Cut: Union Demands Reversal

On July 15, the Russian Government issued a decree cancelling nearly all previously adopted COVID payments for healthcare workers. By the new rules, medics fighting the pandemic will receive an additional compensation at 25% of their salary, but which positions are entitled to this payment will be at their discretion of regional health ministries. The Russian Health Worker Union is challenging the obvious injustice of the new approach.

### ETHICS IN NURSING

#### Causes and Consequences of Moral Distress in Nurses

A growing body of research on moral distress in nurses suggests that most nurses suffer when they are unable, for a variety of reasons, to take the ethically appropriate action in respect of their patients and colleagues, which undermines their overall well-being and quality of life.

### MANAGEMENT SOLUTIONS

#### Provider Experience with Outpatient Cancer and Palliative Care

City polyclinic No. 2 in Ulan-Ude, Republic of Buryatia, is the region's major provider of cancer care and main provider of outpatient palliative care, operating the largest mobile palliative care service for children and adults in Buryatia. The polyclinic has developed an innovative approach to early detection of neoplasms.

#### Finding Solutions to Challenging Problems

Standard operating procedures (SOP) are step-by-step instructions designed to help even novice nurses avoid critical mistakes in challenging situations. This article discusses the process and outcomes of introducing SOPs at the Anesthesiology and Resuscitation Department of Regional Hospital No. 4 in Krasnokamensk, Trans-Baikalia.

### NEWS FROM HEALTH WORKER ORGANISATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organizations brings together 170,000 medics from 35 professional associations.

#### Quality Champion 2021 National Award Winner

On August 12, the Quality Champion 2021 National Award ceremony was held at the Russian Chamber of Commerce and Industry. Irina Levina, President of the Union of Health Worker Organizations, was one of the five recipients of this new award.

#### Heroes of Our Time 2022

A professional competition was held in the Central City Hospital of Sibay, Republic of Bashkortostan, timed to coincide with three holidays: Emergency Medicine Day, International Day of the Midwife, and International Nurses Day.

#### Nursing Profession Today

On June 23, Yekaterinburg hosted Nursing Profession Today, an online regional forum timed to coincide with World Health Worker Day, to discuss the outlook for the nursing profession, new organizational technologies, the importance of communication competences in the workplace, and approaches to caring for nurses' physical and mental health. The event was attended by more than 3,000 practitioners from across Russia.

#### School for Operating Room and Anesthesiology Nurses Held in Nizhny Novgorod

The Nursing in Surgery and A&R training event for nurses, co-organized by the Nizhny Novgorod Regional Ministry of Health, the regional nursing association, and others, focused on nurses' experience during the COVID-19 pandemic.

#### Managing CSSD at Healthcare Facilities

Samara hosted a conference to discuss critical aspects of infection control in healthcare, with a special focus on proper disinfection of medical devices.

### CONTINUING TRAINING

#### Prospects and Methods of Teaching Nurses Communication Skills

Surveys of nurses across specialties suggest that almost all face difficulties in professional communication. This article discusses modern approaches to teaching nurses proper communication skills.

#### Accreditation: Key Questions Answered

The Russian Ministry of Health Order No.1179n, adopted in response to the COVID-19 pandemic to allow healthcare workers to bypass accreditation, expired on July 1st this year. Now that accreditation is mandatory, this article explains its requirements, in particular those related to training and professional achievements, and more.

### RUSSIAN REGIONS

#### Conference to Discuss Health Worker Experience of Pandemic Response

Representatives of six healthcare providers in Trans-Baikalia attended the Pandemic Takeaways nationwide conference in Kommunarka Multidisciplinary Clinical Center outside Moscow.

### PAGES OF HISTORY

#### St. Nikolas Sisters of Charity Community in Voronezh

A story of the establishment, evolution, and activities of the sisters of charity community created in 1892 in Voronezh.

### SESTRICHKA

Read to learn about the changes in behavior which can indicate a high risk of dementia long before its onset; why being a workaholic is bad for you; and which long-forgotten fashion trends are expected to make a comeback this winter.

### LESSONS LEARNED

#### Nurse's Role in Preparing Patients for Endoscopic Examination

This article presents the work of endoscopy department nurses at the Clinical Oncology Center in Samara.

### USEFUL KNOWLEDGE FOR NURSES

#### Changes in Substance Abuse Patterns due to Pandemic

According to the Report of the International Narcotics Control Board for 2020, the COVID-19 pandemic had an impact on drug use patterns, including an increase in substance use by women and changes in preferred psychoactive substances.

### PRACTICUM FOR NURSES

#### CYSTOSTOMY: Indications, Causes, Care

This article discusses indications and contraindications to cystostomy, as well as urinary catheter care, bladder training and prevention of complications.

### PREVENTION OF HEALTHCARE-ASSOCIATED INFECTIONS

#### Room for Medical Procedures: Sanitary and Epidemiological Safety Standards

Since numerous invasive medical interventions are performed in these rooms, they must comply with high safety standards established by law. This article discusses the current standards for interior finishing, ventilation, air disinfection, cleaning and decontamination, and sterile processing of medical devices.