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## EDITORIAL

The main topics of the International Nurses Day in 2022: the rights of nurses and the financing of their activities

## LABOUR UNIONS

### New Wage System Piloted: Role for Unions

This summer, a new wage system will be piloted in seven Russian regions. A presidential grant has been made available to the Health Workers' Union in appreciation and support of its role of safeguarding health workers' rights under the new system. In turn, the Union set up a task force for monitoring the situation.

## XIX CONGRESS OF RUSSIAN PEDIATRICIANS

### Pediatrics Today: Progress and Challenges

On March 5-7, Moscow hosted the XIX Congress of Russian Pediatricians. Its agenda featured discussions of the connection between a child's health and social circumstances, challenges faced by school medicine, childhood disability, pediatric training, availability of medicines for patients with rare and orphan diseases, and other topics. One of the highlights was the XII Forum of Pediatric Nurses held as part of the Congress.

## NEWS FROM HEALTH WORKER ORGANISATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organisations brings together 170,000 medics from 35 professional associations.

### Outlook on Physical Culture Education

The Ural Pedagogical University hosted a conference «Current aspects of education in the areas of physical culture, health and safety, and biology,» attended by more than 30 educational partners, including the Sverdlovsk Base Medical College.

### «Hunting Hedgehogs» Business Game

The Sverdlovsk Base Medical College held the «Hunting Hedgehogs» business game as part of its Lean College Project to identify shortcomings in the school's continuing vocational training programmes.

### Social Partnership: Outlook and Strategies

Novosibirsk hosted a foresight session «Strategy for developing social partnership in vocational healthcare training in the age of innovation.» Lyudmila Gololobova, president of the Novosibirsk Professional Association of Nursing Specialists attended the event.

### Bashkortostan: World TB Day

World Tuberculosis (TB) Day is observed on March 24 each year. Polyclinic No. 2 of City Hospital No.1 in Oktyabrsky, Bashkortostan, hosted a series of events to raise awareness of TB and ways to prevent it.

### New Aspects of Oncology Nursing Practice

An All-Russian Conference «New Aspects of Oncology Nursing Practice» held in Samara discussed the current experience and future prospects of outpatient cancer care centres, centralised pain relief services, specifics of nursing care in pediatric oncology, and patient communication strategies.

### Current Approaches to Training Oncology Nurses

Chief and senior nurses, and nurses of cancer and palliative care wards attended the «Nursing Care in Oncology» advanced training program co-organised by the International Medical Cluster Foundation and Ben Gurion University (Beer Sheva, Israel).

### Specific Aspects of Surgery Block Functioning during COVID-19

An All-Russian Conference held in Samara to mark the International Day of the Operating Nurse discussed the key aspects of surgery block functioning during the pandemic, the role of nurses in comprehensive care of thoracic patients, management and delivery of ophthalmic surgery, and other matters.

## RUSSIAN REGIONS

### Simulation-based Training for Continuing Professional Development

In an effort to help nurses maintain and build their skills and competences, the Transbaikal Regional Organisation of Medical Professionals offers simulation-based training sessions to complement hands-on clinical training.

## NURSING IN PEDIATRICS

### Caring for Premature Baby

Sergey VERBITSKY, nurse at Neonate Resuscitation and Intensive Care Unit No. 3 of Voronezh Regional Clinical Hospital No. 1 Perinatal Care Centre, shares his perspective on the experience of parents caring for a premature infant and explains what they can do to help their baby thrive.

## CONTINUING TRAINING

### Assessing Physical Disfunction in Patients with Post-coronavirus Disease

Research conducted by the FMBA's St. Petersburg Centre for Postgraduate Medical Training used data from former coronavirus patients' self-assessment of their health and quality of life to determine the best targets for nurse-led rehabilitation care.

## FRONTLINE MEDICINE

### Hospital, All in White...

Our regular contributor Dr Inna TARASOVA, teacher and methodologist with the Moscow Ambulance Service named after A.S. Puchkov, continues to study the history of military medicine during World War II and examines the path of a wounded soldier from the combat unit's medical service on the frontline to a medical battalion in the rear.

## SESTRICHKA

How to stop acute stress from causing PTSD, what trends to look out for when updating your wardrobe for this summer, and what dietary changes are advised after recovery from COVID-19.

## LESSONS LEARNED

### New Technology in Nursing Practice

Togliatti Spring, an annual conference of nurses, discussed a range of technology-related topics, including patient identification in surgical wards, comprehensive rehabilitation of wheelchair users, nursing care for COVID-19 patients needing respiratory support with mechanical ventilation, clinical management of obstetric patients with premature rupture of membranes, and others.

## VOCATIONAL TRAINING

### Burnout Prevention and Management for Teachers and Trainers

Teachers and trainers are a professional group with a high burnout risk. This article describes the main signs and symptoms of a burnout and how it may progress depending on a teacher's work history.

## PREVENTION OF HEALTHCARE-ASSOCIATED INFECTIONS

### Preventing bloodborne infections in healthcare workers

Helping medical professionals avoid contracting HIV and viral hepatitis, including HBV and HCV, is a persistent challenge. This article discusses infection control measures which must be implemented in all healthcare facilities to protect their medical staff.