

МИНИСТЕРСТВО ОБРАЗОВАНИЯ И НАУКИ РФ  
ФЕДЕРАЛЬНОЕ ГОСУДАРСТВЕННОЕ  
БЮДЖЕТНОЕ ОБРАЗОВАТЕЛЬНОЕ УЧРЕЖДЕНИЕ  
ВЫСШЕГО ПРОФЕССИОНАЛЬНОГО ОБРАЗОВАНИЯ  
«ВОРОНЕЖСКИЙ ГОСУДАРСТВЕННЫЙ  
УНИВЕРСИТЕТ»

# **WONDROUS DAY-to-DAY LIFE**

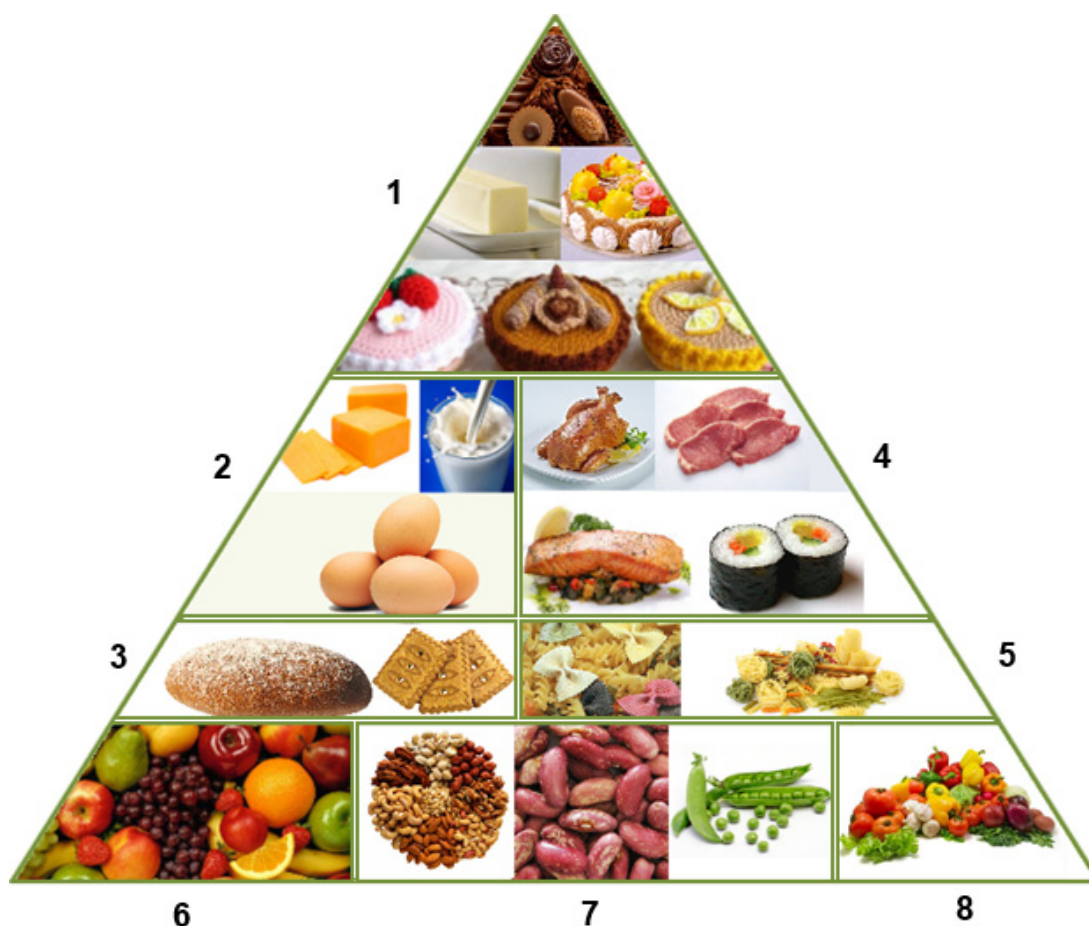
Учебно-методическое пособие

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## **Введение**

Пособие предназначено для студентов 1 курса естественно-научных факультетов и состоит из трех тематических модулей: Let's cook and eat; Let's go shopping и Men and Women. Каждый модуль включает в себя видеоматериал, различные упражнения и задания, направленные на расширение словарного запаса студентов, развитие коммуникативных навыков и мышления. Пособие предназначено для практических занятий по английскому языку и может быть использовано как на аудиторных занятиях, так и в ходе самостоятельной работы студентов.



**5b. Which groups contain foods that are high in: 1) vitamins? 2) protein? 3) fibre? 4) calories? 5) iron? 6) calcium?**

*e.g. Fruit is high in vitamins.*

**5c. Match the English verbs with their Russian equivalents.**

mash (на)резать в форме кубиков

pinch рубить, нарезать

drip тереть (на тёрке)

slice раздавливать, разминать

chop хрустеть, делать хрустящим

twist отщипнуть, отделить небольшой кусочек

scrunch резать ломтиками

crisp (на)капать

dice хрустеть, выжимать, давить, выдавливать

grate делать яичницу-болтунью

scramble крутить, скручивать

**5d. Read the statements describing methods of cooking and preparation and fill in the gaps with an appropriate word:**

*diced, fried, sliced, mashed, boiled, grilled, grated, scrambled*

1. The Smiths often eat ... eggs for breakfast.
2. I don't want to put on weight, so I usually eat ....fish or chicken.
3. You need some ... cheese to put on the pizza.
4. Use ... to make the sandwiches.
5. You need lots of ... fruit to make a fruit salad.
6. Shepherd's Pie is a traditional dish made from mince and ... potato.
7. Chips are ... food.
8. Grilled fish and ... vegetables is a low-fat meal.



**6a. Now we are going to watch an episode of cooking** (<http://www.youtube.com/watch?v=6sL2AvbeTAK&feature=youtu.be>).  
**Try to jot down the ingredients a famous chef, Jamie Oliver, needs.**

Ingredients
1.
2.
3.
4.
5.
6.

**6b. Which words and phrases that describe the process of cooking have you heard?**

The way you do it \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**6c. Let's watch the episode again. This time you are going to focus on the expressions that the chef uses to compliment the food and the way of cooking.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

7. Describe the meal that you've had today using the appropriate expressions from the HELP box.



### HELP box:

To compliment use the following:	To criticize use the following:
an inviting looking dish	a sickly-looking dish
give satisfaction to the eye and tongue	watery and tasteless
tender, melting in the mouth	uneatable cabbage
well-flavoured food	as tough as old boots
a special delicacy	with no particular flavour
a real thing	underdone/overdone
lovely coffee	plain food
mouth-watering selection of creamy cakes	half-baked
quite decent	badly made
a perfect cup of tea	undrinkable tea

e.g. *I had breakfast this morning that I rather enjoyed / disliked very much.*

8. Read a recipe from “Delia Smith’s Cooking Show” and fill in the gaps with a correct form of the appropriate word from the list below.

*to toast, to brush, chunks, colour, hot coals, to take, to turn*

Remove the husks and the threads from the sweetcorn, then ..... the kernels all over with the oil, seasoning them liberally with salt and pepper as you go. Place the corns on the grill over ..... and watch them carefully, ..... them around with tongs so that all the kernels get ..... to a golden-brown ..... . The whole